

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Sunday 23 Jul 2023 until 23:59 on Monday 24 Jul 2023

Forecast Issued on Sunday 23 Jul 2023 at 03:22 by Met Office Aberdeen

Confidence: High for a mix of sunshine and showers at times over the coming days, lower for detail of rainfall from Wednesday.

Headline for Sunday 23 Jul 2023: Mainly dry with sunny spells, but cold in strong summit winds.

Mountain weather hazards on Sunday 23 Jul 2023

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

No Likelihood

Severe chill effect

Low Likelihood

Poor visibility

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Clear night
Precipitation probability					
20%	10%	<05%	10%	<05%	<05%

Forecast for Sunday 23 Jul 2023

Weather: Cloudy start across Argyll with overnight rain clearing Arran by mid-morning, but sunny across Lochaber. All ranges dry with sunny spells by late morning, but strong summit winds. A few isolated light showers in the afternoon, but most hills dry. Clearing skies in the evening.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Cloud on the tops of the Arran hills early morning, soon lifting above the summits. Otherwise hills cloud free. Very good visibility.

Forecast for Sunday 23 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	32/39 E	32/40 NE	24/31 NE	24/32 NE	22/30 NE	21/28 NE	17/22 NE
900	27/35 E	25/31 E	19/26 NE	18/25 NE	17/24 NE	16/22 NE	13/18 NE
600	31/36 E	27/33 NE	20/27 NE	21/28 NE	20/27 NE	19/25 NE	16/20 NE
300	13/22 NE	17/24 NE	15/22 NE	16/25 NE	16/25 NE	10/18 NE	7/13 N
Glen	9/18 NE	12/22 NE	12/22 NE	13/23 NE	13/22 NE	8/17 NE	4/10 N

Height (m)	Temperature / Feels Like (°C)						
1300	3/-4	3/-4	6/0	6/0	5/-0	3/-2	2/-3
900	5/-0	8/4	10/7	10/6	9/5	6/2	4/0
600	8/2	10/6	12/8	12/8	11/7	9/5	7/3
300	11/8	13/10	15/12	14/11	14/11	11/9	9/8
Glen	12/10	16/14	18/15	18/15	16/14	13/12	10/9
Freezing Level*	1800m	1700m	1900m	2000m	1800m	1800m	1600m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Strong summit winds with unseasonably cold feels like temperatures at height. Summit winds around 10-15 mph stronger than table near the west coast in the morning.

Forecast for Monday 24 Jul 2023

Weather: Clear skies in the early hours. Patchy cloud building in the morning, but dry. Cloud thickening across Lochaber in the evening with a slight chance of rain.

Maximum wind: Northerly 15 gusting 20 mph, becoming Northwest in the afternoon.

Chance of cloud-free hill tops above 800m: 90% lowering to 60% across Lochaber in the evening

Low Cloud and visibility: Patchy low cloud in across Lochaber in the evening, base 800-900m. Visibility very good outside of any low cloud.

Temperature: Glens: Plus 3 rising to plus 9 Celsius
At 800m: Plus 8 rising to plus 17 Celsius
Freezing level: Above summits